


OCTOBER ELEMENTARY MENU 2022

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER

*subject to change



	Monday	Tuesday	Wednesday	Thursday	Friday	
3	CHICKEN NUGGETS W/ SOFT PRETZEL -Or- RECTANGLE CHEESE PIZZA Carrot Snack Pack Cucumber Slices Applesauce, Plain Fresh Fruit Variety Milk Variety	4 SUPER NACHOS W/ BAKED TOSTITO'S -Or- CRISPY CHICKEN PATTY SANDWICH Chipotle Black Beans Romaine Tossed Salad Black Bean and Corn Tomato Salsa Fresh Fruit Variety Milk Variety	5 MINI PANCAKES, SAUSAGE LINKS, AND HASH BROWN POTATO TRIANGLES -Or- SALAMI MUNCHABLE MEAL Romaine Tossed Salad Cucumber Slices Apple Slices Fresh Fruit Variety Milk Variety	6 POPCORN CHICKEN MASHED POTATOES -Or- ROUND CHEESE PIZZA Romaine Tossed Salad Celery Sticks with Dip Wango Mango Juice Fresh Fruit Variety Milk Variety	7 ITALIAN CHEESY PULL APART BREAD -Or- NUT FREE JAMWICH UNCRUSTABLE SANDWICH Carrot Snack Pack Romaine Tossed Salad Fresh Fruit Variety Milk Variety	
10	ALL AMERICAN CHEESEBURGER POTATO SMILES -Or- HOT DOG ON BUN BBQ Baked Beans Celery Sticks Wango Mango Juice Applesauce, Plain Fresh Fruit Variety Milk Variety	11 WILD MIKE'S PIZZA WEDGE -Or- CRISPY CHICKEN PATTY SANDWICH Romaine Tossed Salad Carrot Snack Pack Cucumber Slices Apple Slices Fresh Fruit Variety Milk Variety	12 *MAC & CHEESE* Garden Peas -Or- MUNCHABLE MEAL w/Turkey and Cheese Romaine Salad Carrot Snack Pack Apple Slices Fresh Fruit Variety Milk Variety	13 POPCORN CHICKEN POTATO SMILES -Or- ROUND CHEESE PIZZA Romaine Salad Cucumber Slices Grape Tomatoes Fresh Fruit Variety Milk Variety	14 No School FUN FACT: 29.7 MILLION SCHOOL LUNCHES ARE SERVED DAILY IN THE USA	
NATIONAL SCHOOL LUNCH WEEK !!!!!						
17	MINI CORN DOGS POTATO SMILES -Or- CRISPY CHICKEN PATTY SANDWICH Romaine Tossed Salad Grape Tomatoes Celery Sticks with Dip Fresh Fruit Variety Milk Variety	18 " 2 "SOFT TACOS WITH BEEF AND CHEESE -Or- ROUND CHEESE PIZZA Romaine Tossed Salad Chipotle Black Beans Carrot Snack Pack Apple Slices Fresh Fruit Variety Milk Variety	19 CHEESE FILLED BREADSTICK W/ MARINARA SAUCE -Or- MUNCHABLE MEAL w/Turkey and Cheese Romaine Salad Cucumber Slices Wango Mango Juice Apple Slices Fresh Fruit Variety Milk Variety	20 PENNE PASTA ALFREDO -Or- CRISPY CHICKEN PATTY SANDWICH Romaine Tossed Salad Cucumber Slices Fresh Grape Cup Fresh Fruit Variety Milk Variety	21 WILD MIKE'S PIZZA WEDGE -Or- CHEESEBURGER ON BUN Romaine Tossed Salad Carrot Snack Pack Celery Sticks with Dip Wango Mango Juice Fresh Fruit Variety Milk Variety	
24	MINI PANCAKES, SAUSAGE LINKS, AND HASH BROWN POTATO TRIANGLES -Or- CRISPY CHICKEN PATTY SANDWICH Celery Sticks with Dip Applesauce, Plain Fresh Fruit Variety Milk Variety	25 ULTRA DOG -Or- WILD MIKE'S PIZZA WEDGE Romaine Tossed Salad Apple Slices Carrot Snack Pack Fresh Fruit Variety Milk Variety	26 POPCORN CHICKEN WITH TATOR TOTS -Or- SALAMI MUNCHABLE MEAL Cucumber Slices Wango Mango Juice Fresh Grape Cup Apple Slices Fresh Fruit Variety Milk Variety	27 PENNE PASTA W/ MEAT SAUCE DINNER ROLL -Or- CHEESEBURGER ON BUN Romaine Salad Grape Tomatoes Carrot Sticks with Dip Cucumber Slices Fresh Fruit Variety Milk Variety	28 MINI CORN DOGS POTATO SMILES -Or- ROUND CHEESE PIZZA BBQ Baked Beans Romaine Tossed Salad Cucumber Slices Carrot Snack Pack Fresh Fruit Variety Milk Variety	
31	CHICKEN NUGGETS W/ SOFT PRETZEL -Or- RECTANGLE CHEESE PIZZA Romaine Tossed Salad Cucumber Slices Applesauce, Plain Fresh Fruit Variety Milk Variety					

AVAILABLE DAILY
Yogurt Lunch
Yogurt Cup
String Cheese Choice of 2
Grain Options:
2 Packages of **Snack Crackers**
Or
1 **Muffin**
and
Fresh Vegetables
Milk